535 West 246th Street Riverdale, NY 10471 Library@ChabadRiverdale.org

Tehillim

Article of the Week

5

6



Tel. 718-549-1100 ext. 10 Fax 718-549-4397 www.ChabadRiverdale.org

# CHABAD LUBAVITCH OF RIVERDALE

# Shabbat Parshat Shemini

B"H

Friday, April 13, 2018 28 Nisan, 5778	Women's Tehillim Group — Tehillim will be recited this Shabbat Mevarchim.	
Latest Candle lighting 7:15 PM	Save The Date - Next Shabbat April 20, 6:00 pm - 7:30 pm and again Next Tuesday April	
Mincha at 7:25 PM	24, 10:00—11:30 am: Rosh Chodesh Society Lesson 6, "Order from Chaos".	
Shabbat Somiaas	Camp Gan Israel - Camp Gan Israel of Riverdale will be back at P.S. 24! We are very busy	
Shabbat ServicesTehillim/Psalms8:30 AM	preparing an exciting summer, filled with many exciting specialties and trips! We will also be offering our Mini Gan program for children ages 3-4 with experienced and dedicated	
Shacharit 9:00 AM	Preschool teachers as staff. We are very happy that Morah Liz will be returning. As a Grand Reopening special, we are offering great discounts on tuition! Please call Sheryl at 718-549-1100 x10 for tuition rates or go to www.ChabadRiverdale.org/Camp.	
Farbrengen12:00 PMJr. Congregation10:45 AM-12:00 PM		
Mincha & Pirkei Avot - 1 7:25 PM		
Havdalah Service/Living Torah DVDof the Rebbe8:17 PM	NEW we will have a program for Girls grades 4 - 6.	
	Lag B'Omer BBQ Picnic in the Seton Park: Thursday May 3, 5:00 - 7:00 pm.	
Junior Congregation	Spend on amoring Shawyot With Ust Dahhi Manis Friedman, will be our Scholar in	
10:45 am - 12 pm PreK - Grade 2 (upstairs) -	<b>Spend an amazing Shavuot With Us!</b> Rabbi Manis Friedman, will be our Scholar-in- Residence this Shavuot, May 19 - May 21, 2018.	
Mrs. Dina Klapper		
Grades 3 - 6 (downstairs) -	<b>Important Mikvah Information -</b> Starting April 8, the Mikvah will be open Saturday night from 8:30 PM - 10:30 PM, and Sunday through Thursday from 7:00 PM to 10:30 PM.	
Chaya Mushka Shemtov & Aviva Laskin	The time of tevila is 40 minutes after sunset. Friday night the Mikvah is open 40 minutes	
Aviva Laskiii	after candle lighting, for half an hour. No appointment is necessary. Keilim Mikveh will be	
	open Sunday - Friday from 7:00 AM - 6:30 PM.	
NEXT WEEK'S SCHEDULE   Sunday Shacharit 8:45 AM	Volunteer Opportunities - Mrs. Schrier, an elderly holocaust survivor, is in Hebrew Home	
Monday Rosh Chodesh 6:45 AM	for the Aged. She enjoys people, and it would greatly help her recovery if people would go	
Tue, - Fri. Shacharit 6:55 AM		
	Enjoy This Summer's National Jewish Retreat! July 31st – August 5th 2018 at the Rhode	
A TWEET TREAT FOR SHABBAT	Island Convention Center. Sign Up At <u>www.JRetreat.com</u> or call 1.877.JRETREAT (573.8732)	
Ever heard of death by		
divine kiss? http://ChabadRiverdale.org/2869	Books "Rebbe" by Joseph Telushkin (\$25) and "My Rebbe" (\$20) by Rabbi Steinsaltz	
	for Sale at Chabad of Riverdale — Call <u>718-549-1100 Ext. 10</u> .	
	What Will Be Your Jewish Legacy? Help ensure a bright future for Judaism in our	
Inside this issue	community. Remember Chabad of Riverdale in your will.	
	HADAR HATORAH - Spring Yeshivacation May 24 - June 2. Summer in the Catskills	
Inside tins issue	June 21-August 22. Fall Semester begins September 2 To apply, go to	
	www.HadarHatorah.org or call 1-718-735-0250.	
Updates 1	Has your teen started thinking about summer? Are you looking for a fun and meaningful	
Parsha in a Nutshell 2	experience? - Here are two remarkable summer trips currently being offered by CTeen! The UJA-Federation of NY is willing to give special scholarship grants towards local NY teens	
Camp 2	who wish to attend who are not in Jewish high schools. <u>CTeen Summer trips</u> .	
Pictures3Riverdale And Beyond4	1) CTeen Xtreme is a unique travel camp in the American Southwest. Teens and staff fly in	

to Denver Airport, where they begin their 2 week journey to LA by bus, Staff members are

handpicked for their dedication, warmth, and experience in working with teenagers.

#### PARSHA IN A NUTSHELL

### Shemini Leviticus 9:1-11:47

On the <u>eighth day</u> following "seven days of inauguration," Aaron and his sons begin to officiate as Kohanim (priests); a <u>fire</u> issues forth from G-d to consume the offerings on the Altar and the <u>Divine Presence</u> comes to dwell in the Sanctuary.

Aaron's two elder sons, <u>Nadav and Avihu</u>, offer a "strange fire before G-d, which He commanded them not" and die before G-d. Aaron is <u>silent</u> in face of his tragedy. Moses and Aaron subsequently disagree as to a point of law regarding the offerings, but <u>Moses concedes to Aaron</u> that Aaron is in the right.

G-d commands the <u>kosher</u> laws, identifying the animal species permissible and forbidden for consumption. Land animals may be eaten only if they have <u>split</u>

<u>hooves</u> and also <u>chew their cud</u>; fish must have <u>fins and scales</u>; a list of non-kosher birds is given, and a list of kosher insects (four types of locusts).

Also in Shemini are some of the laws of <u>ritual purity</u>, including the purifying power of the <u>mikvah</u> (a pool of water meeting specified qualifications) and the <u>wellspring</u>. Thus the people of Israel are enjoined to "<u>differentiate</u> between the impure and the pure."









## **RIVERDALE AND BEYOND**

**Volunteer Opportunities -** Mrs. Schrier, an elderly Holocaust survivor, is in Hebrew Home for the Aged. She enjoys people, and it would greatly help her recovery if people would go to visit her. She's in Resnick Pavilion, Room 516. Please don't bring food except for fresh fruit.

**Knitting Club: Warm Up America Knitting Project** - In partnership with Lion Brand Yarn Company we will be knitting and/or crocheting small squares to be made up into afghans by the volunteer group Warm Up America. The blankets will be given to recipients such as women's shelters, nursing homes, children's hospitals and shelters, veterans' homes and homeless shelters. The HIR Knitting Club meets on the 4th Monday of every month at 7:00 pm. We ask only that you know how to knit or crochet. Yarn, needles and hooks will be provided courtesy of Lion Brand Yarn Company. Our next meeting is the 26th of February at HIR. Questions? Please call Joan Salomon at <u>845-653-1290</u>

**CTeen Heritage Quest - July 2 - 23, 2018** is an awe-inspiring 22-day journey through the major Jewish features of Poland and Israel. Teens will absorb an authentic Jewish approach to tragedy, loss, and rebuilding. The trip will include visits to historic Jewish sites, in-depth tours of important landmarks, thrilling activities in major cities across Israel, and approximately 12 hours of community service. For more information, click here www.CTeenSummer.com

Books "Rebbe" by Joseph Telushkin (\$25) and "My Rebbe" (\$20) by Rabbi Steinsaltz for Sale at Chabad of Riverdale — Call <u>718-549-1100 Ext. 10</u>.

**The Gemach of Riverdale** provides interest-free loans to Riverdale families and individuals in our community who find themselves with unexpected shortfalls or short-term capital needs. The Gemach is flexible providing interest-free loans from \$500-\$100,000, and with repayments up to 5 years. Founded in 2013, Gemach has funded over 30 loans totaling over \$325,000 for uses such as Credit Card Consolidation, Unexpected Tax Bills, Student Loan Payments, Starting a New Business, Medical Procedures, Home Repairs, Planning a Simcha, New Home Expenses, Tuition Payments. 1. If you or someone you know can use an interest free loan, please contact Gemach of Riverdale. 2. Every loan requires two guarantors who stand ready to repay if the borrower doesn't. We wish to acknowledge and thank all those people in the community who have served as guarantors for their fellow Jew. 3. Know that all inquiries and discussions with the Gemach are handled with absolute confidentiality. 4. To learn more about the Gemach or how you can help in this effort, please contact Rabbi Moish Drelich. The Gemach is an incredible community wide resource, established to help strengthen our Riverdale Jewish community. The Gemach has granted loans to members of every shul in our community. GemachofRiverdale@gmail.com 917.408.3035

## **Riverdale Hatzalah Annual Fundraising Campaign:**

**Riverdale Hatzalah was founded by our community, to serve our community and is supported solely by our community!** Riverdale Hatzalah needs you to continue to support its lifesaving work - to provide our community with the highest level of emergency medical services - <u>free of charge</u>. Our volunteers donate their time, but without your financial support, we cannot provide them with the training and tools that they need. Quality emergency medical care is costly, until you need it; then it becomes priceless. Please give generously!! Contributions can be made online to www.riverdalehatzalah.org

#### TEHILLIM (PSALMS) LIST

We compile and maintain a Tehillim list of the names of people who need a refuah shlaima (speedy recovery) so we may all daven for them. Dr. Frimet Skolas has volunteered to coordinate names for a Tehillim list for the weekly Shabbat bulletin. So if you know someone who isn't well, please contact Frimet at 1-347-602-7951, fax 1-347-602-7951, or e-mail: <a href="mailto:skolasf@outlook.com">skolasf@outlook.com</a>. All names need to be reinstated 8 weeks after submission or they will automatically be deleted. Frimet will update the list every Wednesday evening.

succession of any will unconnucleany or a	eleccal i fillier will apaale ale fist every wea	neodal) e (ennig:
Rabbi Adin ben Rivka Lea	Gilana Nirel bas Pesha Sorah	Sarah bas Yael
Aaron Ben Rahel	Gitel bas Sheindel	Schneur Chaim Yitzchok Alexander Ben Nechama Dina
Aryeh Leib HaKohen ben Tzipporah Tova	Golda Shira bat Yenta Rochel	Shlome Alter Dov Yehuda Halevi ben Gila Esther
Avraham Ben Devorah	Golda Raizel bas Riva Chaya	Shmuel ben Ellen
Avraham Abba Ben Sara Chana	Hizkiahy David ben Mafrat Maria	Sigal bat Dina
Avraham Shmelka ben Sarah	Hizkiahy David ben Mafrat Maria	Sima bas Chana
Avigdor ben Devorah	Hinda Sorah Rochel bas Yitta	Sorah Hadassah bas Gittel
Aviva bat Chaya Feiga	Huna ben Esther	Tzvi ben Miriam
Baruch Moshe ben Esther	Juliet bat Hanna	Tzadik haLevi ben Masha Rachel
Beila bas Sarah	Kalman ben Dobe	Victoria bat Rahel
Chana bas Devorah	Kayla Sarah bas Malka Yentel	Yael bas Sarah
Chana Breindel bas Gittel	Kreindel bas Sorah	Yaacov Ben Perla Zahra
Chaim Dovid ben Blume	Leah bat Rachel	Yerachmiel Ben Chana
Chaim Shraga Feivel ben Chaya Leah Malka	Leah Luba bas Baila	Yakot bat Zochra
Chaya Sorah bas Devorah Yuda	Liat bat Carmela	Yehudit bat Sarah
Channah Liba bat Chaya Sarah	Lieba Chaya bas Devora Yuda	Yehudis Chaye bas Gittel
Cherna bas Liba	Malka Devorah bat Ella Chava	Yehudis Tirtza Chana bas Bracha
Daniel ben Rachel	Masha bas Tzimi	Yehudis Rachel bas Chana Rivkah
Dean ben Barbara	Menucha Rochel bas Gilah Elkah	Yissaschar ben Roza Rasha
Daliya Bat Batya	Menachem Ksil ben Kayla	Yona bas Chana
Devorah Rus bas Gittel	Moshe Yoel Lee ben Chana	Yoshua Tzvi ben Nechama Lea
Devorah Hinda bat Bracha	Maggy bat Rahel	Yosef Yisrael ben Dina
Devorah Lieba bas Yael	Miriam bas Raizel	Yochevet Devorah bat Shir
Doba Baila bas Malka	Miriam bas Beile	Yonatan Halevi ben Malka
David Shlomo ben Lea	Miriam bas Chaya Sorah	Yussel ben Yehuda Leib
Dovid Shlomo ben Shoshana Malka	Miriam Raiza Shoshana bas Henna Chana	Zehava Nechama Chaya bat Elisheva
Dovid ben Sarah	Miriam Esther Bas Sorah	
Eliyahu ben Miriam	Naomi Yente bas Raizel	
Eliezar Ben Pearl	Naftali Hertz Chaim ben Feiga Gitel	
Esther bat Maguy	Nechama bas Chana	
Ephraim Matan Ben Chana	Ooriyah Chaim ben Miriam	
Feigele Frimet bas Devorah Blima	Pesha Soroh bas Esther	
Frimet bas Chaya Gitel	Reizel Gitel bas Rochel Leah	
Freida Rochel bas Esther	Ruth bas Rivka	
Gershon Elchanan hacohain ben Tzvia	Sarah Hadassah bas Gittel	
		· · · · · · · · · · · · · · · · · · ·

If you only knew - The Tzemach Tzedek said - the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers; they ascend higher and still higher with no interference; they prostrate themselves in supplication before the Master of all worlds; and they effect and accomplish with kindness and compassion (Chaf). We know that when an individual says any amount of Tehillim (Psalms) she/he can merit many blessings. This is particularly true when the entire book of Tehillim is recited by a group of individuals, since G-d blesses us when we are united in peace with one another. It is also considered as if each of the individuals who take part in the group recited the <u>entire</u> Tehillim, not just their allotted chapters. You can say it anytime and anywhere that Shabbat. If you wish to participate, please indicate how many average-sized chapters (psalms) you would like to say and your preference. I will contact you to let you know your allotted chapters. In the merit of saying Tehillim may we receive the blessings we need individually and for Klal Yisra-el. Please reply to Frimet Skolas at <u>skolasf@outlook.com</u> or call 1-347-602-7951.

## Shmini: Just Do It

#### By Rabbi Yossy Goldman

#### How do you develop confidence

when you don't have it? How does one overcome

fear, nerves and anxieties? Well, without going into major psychological dissertations (which I'm not qualified to do in the first place), let's see if we can find some insight in this week's Parshah.

Everything was set for the inauguration of the sacred service in the Sanctuary. The week-long preparations had been completed. Now it was Aaron's turn to approach the altar and begin the service. But Aaron was reluctant. He still felt a sense of shame for his part in the <u>Golden Calf episode</u>. So Moses calls out to Aaron, "Approach the altar and perform the services." (<u>Leviticus 9:7</u>). Aaron did so and completed all the required tasks correctly. But what exactly did Moses say to Aaron to assuage his fears? All he said was "Come and do your thing." He never actually dealt with his issues. How did he address his concerns, his feelings of inadequacy?

Perhaps, Moses was saying: Come and do, and all your fears will be stilled. You lack confidence? Start performing the services and you will see that it fits you like a glove. You were born to be a High Priest and that's where you belong.

Moses was telling Aaron that if he would begin performing his chosen role, the rest would follow. As they say in Yiddish, *Apetit kumt mit'n essen*. Even if you're not hungry, if you start eating, your appetite will follow. I suppose that's why the first course in a meal is called an "appetizer." (Trust Jews when it comes to food.)

Dr Moses was dispensing sound psychological advice. The surest way of developing confidence is to begin doing that which you fear. Throwing kids in the deep end to teach them how to swim may not be everybody's cup of tea, but it usually works. Some of the finest public speakers were microphone-shy, even neurotic at first. When we lack self-assurance, confronting our fears and phobias can be the best therapy. We discover that it really wasn't all that bad after all and we actually manage better than we ever imagined. And from there our self-belief grows until we become quite relaxed about the whole thing.

I remember when I was a young rabbi just starting out in my career. One morning, the dreaded phone call came. A relatively young woman had passed away. I knew I had to go to the family to comfort them, but what would I actually tell them? Did I have answers for people who had just been bereaved of their loving wife and mother? Could I play G-d? I was pretty paralyzed for a while and fiddled with all sorts of matters of far less importance. I knew why. I was stalling. It was a case of simple procrastination because I couldn't face this most unpleasant task which I felt unqualified to deal with.

Eventually, I forced myself to go because I knew I had to. It was my job and they were waiting for me. And lo and behold! I was actually able to deal with the family and their questions. And I discovered then that they didn't really expect me to wave any magic wands or resurrect the dead or answer for G-d. They felt comforted by my presence and were grateful that I was there for them in their hour of need.

It was for me a very important lesson and a growth point in my rabbinical practice. Experience really is a fantastic teacher.

I would venture to add that it applies to each of us in our Jewish lives. So many people are reluctant to get involved. Too many are intimidated by Judaism and because they are not confident enough about synagogue protocol or their Hebrew literacy, they simply opt out-and lose out. I can attest to hundreds of Jews of every age and stage who have been in that very position and then began coming to Shul. It didn't take them long at all to feel part of the Shul family and they've never looked back. But this most spiritually gratifying part of their lives would never have been theirs if they didn't take that first brave step.

"Come and do" said Moses to his humble and hesitant brother. Aaron came and did and the rest is history.

535 West 246th Street Riverdale, NY 10471 Library@ChabadRiverdale.org



Tel. 718-549-1100 ext. 10 Fax 718-549-4397 www.ChabadRiverdale.org

CHABAD LUBAVITCH OF RIVERDALE